

Growth through Grace

Facilitating growth through grace is the essence of the work I do and a reflection of who I am. This is stated clearly by a client of mine who wrote, “*Working with Jeanne has brought about true healing in so many areas of my life. I have experienced first hand, her power to heal on the emotional, spiritual, and physical levels. Not only does she facilitate growth through grace, but she has given me the tools to help me do this for myself.*” This is my goal for you, as well. To touch that place inside of you that is calling for healing, empower you with tools of transformation, and to do so with grace.

What is unique about me and the services I offer?

I have been counseling for over twenty-five years. This has allowed me to work with a variety of people and situations. I have worked with a wide range of ages, cultures, and problems. I am constantly growing and learning from the work I do.

I offer phone sessions. These are increasing in popularity, offering the convenience of saving on time and transportation. It also helps people who are restricted by their work schedule or who live out of state. Phone sessions are effective, powerful, and easy.

I am both a life coach and counselor. This is a wonderful blend of skills. Having both skill sets allows me to help others overcome personal blocks and challenges while living their individual truth and dreams.

I integrate a spiritual perspective. I work with and respect the individual faiths of my clients, encouraging them to broaden their understanding of the problems they face.

I have a gentle and direct approach. Often counselors are strong in one or the other area. I actually have a blend of both which allows me to support and guide clients as they deal with the places they feel most vulnerable.

I partner with my clients. I work as a team, pulling from what my client knows to be true as well as my expertise. This synergy generates insights, fosters learning, and promotes growth.

I empower and teach my clients. I teach clients skills and concepts that help them transform their lives.

I am easy to communicate with. I welcome feedback, input, and suggestions.

I am intuitive and great at analysis. This helps identify primary concerns and generates creative solutions.

I have helped many people through divorce and blended family adjustment. I am committed to helping families and individuals grow through change.

I have an in-depth understanding of effective parenting skills. I have taught many parenting classes and have helped hundreds of parents improve their knowledge and skills.

I love and respect my clients. This may sound trite, but is the foundation of all good counseling and coaching.

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